16th Sunday, Year C.

## livingtheword

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Hearing and Living the Sunday Readings

Sixteenth Sunday in Ordinary Time

Reading 1 Gn 18:1-10a

The LORD appeared to Abraham by the terebinth of Mamre, as he sat in the entrance of his tent, while the day was growing hot. Looking up, Abraham saw three men standing nearby. When he saw them, he ran from the entrance of the tent to greet them; and bowing to the ground, he said: "Sir, if I may ask you this favor, please do not go on past your servant. Let some water be brought, that you may bathe your feet, and then rest yourselves under the tree. Now that you have come this close to your servant, let me bring you a little food, that you may refresh yourselves; and afterward you may go on your way." The men replied, "Very well, do as you have said."

Abraham hastened into the tent and told Sarah, "Quick, three measures of fine flour! Knead it and make rolls." He ran to the herd, picked out a tender, choice steer, and gave it to a servant, who quickly prepared it. Then Abraham got some curds and milk, as well as the steer that had been prepared, and set these before the three men; and he waited on them under the tree while they ate.

They asked Abraham, "Where is your wife Sarah?" He replied, "There in the tent." One of them said, "I will surely return to you about this time next year, and Sarah will then have a son."

Reading 2 Col 1:24-28

## Brothers and sisters:

Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ on behalf of his body, which is the church.

## **Reflection Process / Questions**

- 5 mins Reading underline a word or idea that strikes you
- 5 mins Writing write what you have heard, write your response to a reflection question(s) that attracts your attention
- 5 mins Sharing / Praying share with a friend or pray to God about livingtheword you have heard.
- 'The New Testament is hidden in the Old Testament and the Old Testament is only fully revealed in the New Testament'.
   Here forms a special link between the First Reading and the Gospel Reading each Sunday. The common theme in the readings is Hospitality.
- Abraham has just won a significant battle, is a wealthy leader and herdsman. Yet he runs from his tent in the heat of the day, gets the equivalent of 20 pounds of flour, kills a steer, which would be an extraordinary feast for a small village, and then he 'waited on them'. Abraham shows middle eastern hospitality in providing safe passage for travelers. Strangers become guests. How do you show hospitality in your life, family, friends, work colleagues, strangers.....?
- Sarah and Abraham are surprised in receiving news that they will have a child. What surprises have you enjoyed and received recently in showing hospitality?
- Paul rejoices in sufferings and sees them as part of the work of Christ. Any suffering that is part of growth and extending the work of the Church is Christ's work....

of which I am a minister in accordance with God's stewardship given to me to bring to completion for you the word of God, the mystery hidden from ages and from generations past.

But now it has been manifested to his holy ones, to whom God chose to make known the riches of the glory of this mystery among the Gentiles; it is Christ in you, the hope for glory. It is he whom we proclaim, admonishing everyone and teaching everyone with all wisdom, that we may present everyone perfect in Christ.

## Gospel Lk 10:38-42

Jesus entered a village where a woman whose name was Martha welcomed him. She had a sister named Mary who sat beside the Lord at his feet listening to him speak. Martha, burdened with much serving, came to him and said, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me."

The Lord said to her in reply,

"Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her."



- ...continuing and making up or completing what was unfinished in Christ. Enduring difficulties became a privilege and an honor for Paul. What sufferings do you find hard to carry? Can you see a different way of looking at them as gradually transforming the world and the Church starting with your own 'flesh'?
- Paul goes where no-one else would goto the gentiles - to warn, teach and present them to Christ. Is there someone you know who has drifted away from God and the Church. How might you 'warn' them, 'teach' them, 'present' them to God?
- Martha and Mary have Jesus and his hungry disciples - arrive at their home. Cultural expectations of women would have weighed heavily on both Martha and Mary to serve and provide hospitality and food. Mary however chose to do what was not socially acceptable, and sit at the masters feet, the traditional expression of being a 'disciple' - and one normally reserved for 'males'. Consider what obstacles Mary has overcome to 'sit and listen'. What obstacles would you have to overcome to sit and listen to Jesus in prayer?
- Burdened with much serving, Martha tries to pull Mary into her activity to help.
   Welcome and Serving can sometimes end up with the feeling of being burdened and complaining. Mary courageously resists her sister. What is going on? Is a 'burdened and complaining' spirit present in your life, work, relationships, ministry? Have you taken the time to figure out where the 'worry' is coming from?
- This passage coming straight after the parable of the Good Samaritan provides a christian balance to discipleship. Hearing and Doing are not opposites but intertwined. What is Jesus saying about the choice that Mary made to sit and listen to him? What do you think needs to come first, listening or doing? Why?
- What is one action that you will do to 'livetheword' this week?